

5. Championships program

The information and accreditation centre opens Friday 30 August 2013			
Dates		Swimming and open water	Synchronized Swimming
Day 1	Saturday 31 August 2013	Training	01) 10.00 h Solo - Technical Routine 02) 14.00 h Team - Technical Routine
Day 2	Sunday 1 September 2013	01) 800m Freestyle Men 01) 800m Freestyle Women	03) 10.00 h Duet - Technical Routine 04) 18.00 h Team - Free Routine
Day 3	Monday 2 September 2013	03) 200m Ind. Medley Women 04) 200m Ind. Medley Men 05) 400m Freestyle Women 06) 400m Freestyle Men	05) 14.00 h Solo - Free Routine 06) 18.00 h Combination - Free Routine
Day 4	Tuesday 3 September 2013	07) 200m Freestyle Men 08) 200m Freestyle Women 09) 50m Breaststroke Men 10) 50m Breaststroke Women 11) 100m Butterfly Men 12) 100m Butterfly Women 13) 4 x 50m Freestyle Men 14) 4 x 50m Freestyle Women	07) 10.00 h Duet - Free Routine
			Diving
Day 5	Wednesday 4 September 2013	15) 200m Butterfly Women 16) 200m Butterfly Men 17) 50m Backstroke Women 18) 50m Backstroke Men 19) 100m Breaststroke Women 20) 100m Breaststroke Men 21) 4 x 50m Medley Mixed	01) Springboard 3m Men (70-80+) 02) Springboard 1m Women (70-80+) 03) Springboard 3m Men (60-69) 04) Springboard 1m Women (60-69) 05) Springboard 3m Men (50-59) 06) Springboard 1m Women (50-59) 07) Springboard 3m Men (40-49) 08) Springboard 1m Women (35-39) 09) Springboard 3m Men (25-34)
Day 6	Thursday 5 September 2013	22) 200m Backstroke Men 23) 200m Backstroke Women 24) 50m Butterfly Men 25) 50m Butterfly Women 26) 100m Freestyle Men 27) 100m Freestyle Women 28) 4 x 50m Freestyle Mixed	10) Springboard 3m Women (70-80+) 11) Springboard 1m Men (70-80+) 12) Springboard 3m Women (60-69) 13) Springboard 1m Men (60-69) 14) Springboard 3m Women (50-59) 15) Springboard 1m Men (50-59) 16) Springboard 3m Women (40-49) 17) Springboard 1m Men (35-39) 18) Springboard 3m Women (25-34)
Day 7	Friday 6 September 2013	29) 200m Breaststroke Women 30) 200m Breaststroke Men 31) 50m Freestyle Women 32) 50m Freestyle Men 33) 100m Backstroke Women 34) 100m Backstroke Men 35) 4 x 50m Medley Women 36) 4 x 50m Medley Men	19) Springboard 1m Men (25-34) 20) Springboard 1m Women (25-34) 21) Springboard 3m Men (35-39) 22) Springboard 3m Women (35-39) 23) Springboard 1m Men (40-49) 24) Springboard 1m Women (40-49)
Day 8	Saturday 7 September 2013	3 km Open Water Women 3 km Open Water Men	25) Platform Women (70-80+) 26) Platform Men (70-80+) 27) Platform Women (50-69) 28) Platform Men (50-69) 29) Platform Women (40-49) 30) Platform Men (40-49) 31) Platform Women (30-39) 32) Platform Men (30-39) 33) Platform Women (25-29) 34) Platform Men (25-29)